

X-inactivation in female human embryonic stem cells is in a nonrandom pattern and prone to epigenetic alterations

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X chromosome inactivation (XCI) is an essential mechanism for dosage compensation of X-linked genes in female cells. We report that subcultures from lines of female human embryonic stem cells (hESCs) exhibit variation (0–100%) for XCI markers, including *XIST* RNA expression and enrichment of histone H3 lysine 27 trimethylation (H3K27me3) on the inactive X chromosome (Xi). Surprisingly, regardless of the presence or absence of XCI markers in different cultures, all female hESCs we examined (H7, H9, and HSF6 cells) exhibit a monoallelic expression pattern for a majority of X-linked genes. Our results suggest that these established female hESCs have already completed XCI during the process of derivation and/or propagation, and the XCI pattern of lines we investigated is already not random. Moreover, *XIST* gene expression in subsets of cultured female hESCs is unstable and subject to stable epigenetic silencing by DNA methylation. In the absence of *XIST* expression, ≈12% of X-linked promoter CpG islands become hypomethylated and a portion of X-linked alleles on the Xi are reactivated. Because alterations in dosage compensation of X-linked genes could impair somatic cell function, we propose that XCI status should be routinely checked in subcultures of female hESCs, with cultures displaying XCI markers better suited for use in regenerative medicine.

culture variation | DNA methylation | gene regulation

Human embryonic stem cells (hESCs) are regarded as one of the most promising stem cells for regenerative medicine because of their unusual capacity of self-renewal and pluripotency (1). However, given the variations in the derivation and propagation of hESCs in different laboratories, it is imperative to establish a common set of criteria for the quality control of hESCs. Efforts have been devoted to characterizing whether established lines of hESCs carry inherent differences in gene expression and epigenetic modifications such as DNA methylation (2). Although different lines of hESCs can exhibit a common set of stem cell markers, differences in gene expression are observed including allelic expression of several imprinted genes and *XIST*, a crucial gene for X-inactivation (2). Several studies also demonstrated that *in vitro* cultures or differentiation of hESCs can contribute to changes in CpG methylation patterns and genome stability in different lines of hESCs (2–4). Thus, routine and thorough characterization of genetic and epigenetic stability in hESCs is a necessary step to ensure the quality of hESCs for regenerative medicine.

X chromosome inactivation (XCI) is required for dosage compensation of X-linked genes in female cells (5). So far, only a few studies have examined XCI in female hESCs and conflicting data exist regarding the nature of XCI. It has been reported that ≈50% of all established female hESC lines exhibit XCI markers such as *XIST* expression and/or punctate histone H3 lysine 27 trimethylation (H3K27me3) staining on the inactive X chromosome (Xi), whereas other lines do not (2, 6–9). Moreover, discrepancies in detecting *XIST* expression exist in different laboratories even for

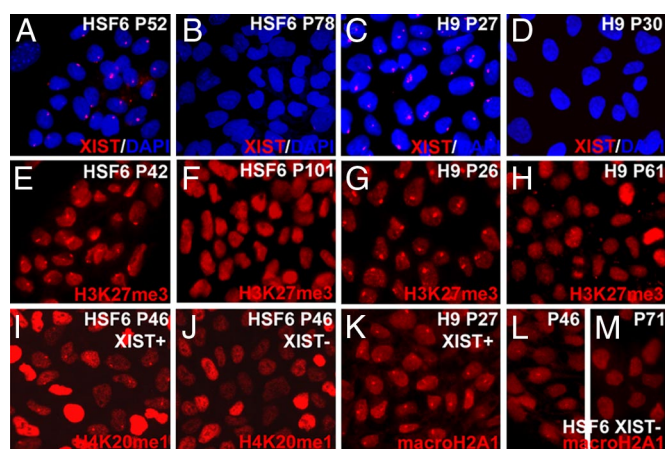


Fig. 1. Different subcultures of hESCs (HSF6 and H9) exhibit varied XCI status. (A–D) *XIST* RNA FISH signal (red) shows *XIST* RNA coating on the Xi. Immunostaining of hESCs with antibodies against H3K27me3 (red) (E–H), H4K20me1 (red) (I and J), and macroH2A1 (red) (K–M). Punctate *XIST* FISH signals and foci of H3K27me3, H4K20me1, and macroH2A1 stainings indicate the presence of an Xi. Please note that, for *XIST*– hESCs, the punctate staining pattern of H4K20me1 in some hESCs cannot be seen because of overexposure of the image to compensate for the weakly stained cells.

subcultures of the same lines of hESCs such as H7, H9, and HES1 cells (2, 6–9).

The initiation and maintenance of XCI is extremely important for embryogenesis and adult cell physiology (10). Because many X-linked loci are associated with mental retardation disease, proper expression of X-linked genes at the right dosage is essential for brain function and social skill development (11). In addition, disruption of XCI is often found in pathological conditions such as female cancer cells (12).

Concerning the maintenance of XCI, once XCI is fully established, *Xist/XIST* RNA appears to be dispensable in dosage compensation in differentiated somatic cells (13, 14). However, recent studies also showed that conditional deletion of the *Xist* gene in mouse somatic cells can influence the frequency of reactivation of

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Data deposition: The data reported in this paper have been deposited in the Gene Expression Omnibus (GEO) database, www.ncbi.nlm.nih.gov/geo (accession no. GSE9637).

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Table 1. Genomic SNP genotyping and polymorphic cDNA analysis of a subset of X-linked genes in HSF6, H9, and H7 hESCs

Gene name	SNP ID	Genotyping	Allelic expression in <i>XIST</i> ⁺ hESCs	Allelic expression in <i>XIST</i> ⁻ hESCs	Genotyping (XO)
H9					
DMD	rs228406	C/T	T (10T)	C/T (6C/4T)	T
GK	rs6526997	A/G	A (8A)	A/G (8A/3G)	A
HS6ST2	rs5933220	T/C	C	C	C
FGF13	rs2267628	T/C	T	T	T
AR	rs4827545	A/C	A	A	A
UIP1	rs933190	A/G	A	A	A
FHL	rs7061270	C/T	T	T	T
WDR44	rs10521584	C/T	C	C	C
HSF6					
CXORF22	rs6632450	C/T	T (9T)	C/T (6T/4G)	T
CXORF12	rs7350355	A/G	A (10A)	A/G (14A/6G)	A
AFF2	rs6641482	A/G	A	A	A
ATP7A	rs2227291	C/G	C	C	C
WDR44	rs10521584	C/T	C	C	C
FHL1	rs9018	A/G	G	G	G
UIP1	rs933190	A/G	A	A or A/G*	A
H7					
POLA1	rs929313	A/C		A/C (7C/3A)	A
AFF2	rs6641482	A/G		G	G
FHL	rs7061270	C/T		T	T
FMR1	rs29282	C/T		T	T

Genes in red show reactivation of the second allele in hESCs without XCI markers, and genes in black are monoallelic expressed in both *XIST*⁺ and *XIST*⁻ hESCs. *Note that UIP1 is observed either monoallelic or biallelic expressed in different batches of *XIST*⁻ HSF6 subcultures.

previously silenced X-linked alleles and the genome stability, suggesting that *Xist/XIST* expression in differentiated female cells still plays a role in the maintenance of XCI (13, 15, 16).

In this study, we focus on the characterization of XCI status and *XIST* expression in three well studied female hESC lines (H7, H9, and HSF6). We find that culture conditions can influence the expression of XCI markers, including coating of one X chromosome by *XIST* and H3K27me3 staining. By comparing subcultures of female hESCs with or without XCI markers, we found that loss of XCI markers is correlated with demethylation of promoter CpG islands and an increased level of mRNAs for a significant portion of X-linked genes, some of which are involved in gene regulation and developmental processes. Our results highlight the need to routinely monitor XCI markers as a quality control in the established lines of female hESCs.

Results

Differential Expression of XCI Markers in Subcultures of Female hESC

Lines. By detection of *XIST* RNA coating *in cis* by using FISH analysis, or by the punctate immunostaining for H3K27me3 (9, 17), subcultures of female H9 and HSF6 cells exhibit 0–100% of XCI markers at either early or late passages, depending on the source of cells and passaging history from different laboratories (Fig. 1). The absence of *XIST* expression is not due to the loss of an X chromosome in subcultures of H9 and HSF6, because the identification of numerous SNP polymorphisms across the entire X chromosome indicates the presence of two X chromosomes (data not shown). In addition, standard G-band karyotyping and DNA FISH analysis showed two intact X chromosomes in *XIST*⁻ HSF6 cells [supporting information (SI) Fig. 5]. Taken together, our results confirmed that subcultures of the same line of hESCs can exhibit different *XIST* expression and H3K27me3 staining patterns. We also checked other XCI markers such as H4K20me1 (18) and macroH2A1 (19) in *XIST*⁺ (*XIST*⁺) and *XIST*⁻ hESCs. H4K20me1 staining is consistent with H3K27me3 staining (Fig. 1*I* and *J*). However, we observed partial punctate staining of macroH2A (Fig. 1*L*) in early passaged cells (P46) but not in late passaged *XIST*⁻ hESCs (P71) (Fig. 1*M*). H3K27me3 and H4K20me1 punctate staining patterns in hESCs are closely coupled with *XIST* expression, whereas punctate

macroH2A1 staining could persist for a short period in *XIST*⁻ hESCs.

To ascertain whether certain culture parameters can influence the expression of XCI markers in female hESCs, we tested the impact of different enzymatic treatments (trypsin vs. collagenase IV and dispase) and freezing/thaw cycles on the stability of XCI markers. Under standard culture conditions, we detected *XIST* expression and H3K27me3 focus staining in HSF6 cells for >100 passages over a 2-year period. XCI markers are not affected by withdrawal of basic fibroblast growth factor (bFGF) treatment, or different enzymatic digestions, or repetitive freeze/thaw cycles of cells. However, when subcultures of hESCs exhibit excessive cell death during passaging and display abnormal nuclear morphology, they tend to lose XCI markers such as the H3K27me3 focus staining (SI Fig. 6) and *XIST* expression. In subsequent expansion of these subcultures, we observed colonies containing mixed cells with or without XCI markers, or homogenous and stable populations of HSF6 hESCs without XCI markers. Subcloning from the mixed parental population can also yield homogenous population of cells with or without XCI markers under standard passage conditions. Although we still do not know exactly how XCI markers are lost in subcultures of HSF6 and H9 hESCs, our observations favor the possibility that transient exposure to stress or suboptimal conditions may lead to epigenetic silencing of *XIST* expression in hESCs (see below). Finally, loss of these XCI markers in female hESCs appears irreversible, because HSF6 cells without XCI markers do not reexpress *XIST* even upon differentiation (data not shown).

Female hESC Lines Exhibit the Nonrandom XCI Pattern Regardless of the Presence or Absence of *XIST* Expression in Subcultures.

If random XCI occurred during hESC derivation without clonal expansion, one would expect the detection of both X-linked alleles in a population of hESCs. This can be verified by sequence analysis of multiple polymorphic cDNAs of X-linked genes. We identified all SNPs in the coding regions of the X-linked genes in H9 and HSF6 cells by using Affymetrix 500K genotyping array (see *Materials and Methods* and Table 1). Because ≈15% of X-linked genes are known to escape XCI in human female somatic cells (20), we first chose eight polymorphic X-linked genes for H9 and seven for HSF6 hESCs that are known to be subjected to X-inactivation. Surprisingly, cDNA sequencing analysis showed that each set of polymor-

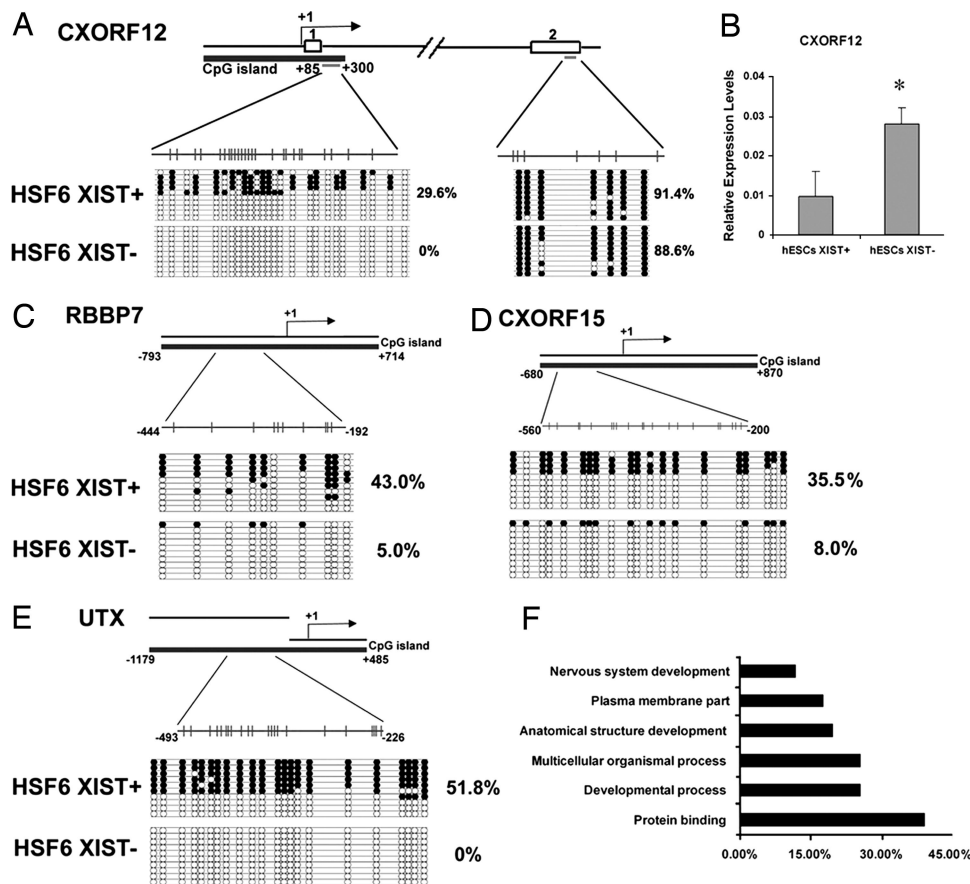


Fig. 3. Analysis of methylation levels at promoter CpG islands in female hESCs in the presence or absence of *XIST* expression. (A) Bisulfite genomic sequencing analysis of the CpG island promoter and an exon region of *CXORF12* gene in *XIST*⁺ and *XIST*⁻ HSF6 cells. Note the promoter is 50% methylated in *XIST*⁺ HSF6 cells and becomes unmethylated in *XIST*⁻ cells. In contrast, the exon region is 100% methylated in both *XIST*⁺ and *XIST*⁻ cells. (B) Real-time quantitative PCR showing that the expression level of *CXORF12* is significantly higher in *XIST*⁺ HSF6 cells compared with *XIST*⁻ cells. *, $P < 0.01$. (C–E) Bisulfite methylation analysis in CpG islands of *RBBP7*, *UTX*, and *CXORF15* genes. (F) Gene ontology analysis of 51 X-linked genes with decreased methylation levels in promoter CpG islands in *XIST*⁻ hESCs ($P < 0.05$).

promoters on the Agilent CpG island microarray, 51 (12.2% of CpG islands) genes showed a decrease in CpG island methylation in *XIST*⁻ hESCs (SI Table 2). These 51 genes are distributed across the entire X chromosome, indicating that demethylation of promoter CpG islands is not limited to a particular segment of the X chromosome. Among these 51 genes, we randomly selected three genes (*RBBP7*, *UTX*, and *CXORF15*) for bisulfite genomic sequencing and confirmed that DNA demethylation in CpG island promoters does take place in *XIST*⁻ hESCs (Fig. 3 C–E). Thus, our data suggest that up to 12.2% of X-linked genes could be reactivated in the absence of XCI marker in hESCs. Gene ontology analysis suggested these genes are enriched for regulatory proteins and developmental processes (Fig. 3F).

Loss of Dosage Compensation for a Subset of X-Linked Genes in Female hESCs in the Absence of *XIST* Expression. We next used gene expression profiling to identify the X-linked genes that exhibit mRNA level changes in *XIST*⁻ hESCs. Microarray analysis of whole genome gene expression indicated that of the total 1,141 annotated X-linked genes, 44 (3.8%) exhibited at least a 1.5-fold increase in mRNA levels ($P < 0.01$) (SI Table 3). Real-time RT-PCR analysis confirmed that the expression levels of X-linked *PLS3*, *RBBP7*, *UTX*, *CXORF15*, *SMARCA1*, and *PCTK1* are significantly increased by ≈ 2 -fold in *XIST*⁻ HSF6 cells compared with *XIST*⁺ HSF6 cells (Fig. 4A). Comparing the list of up-regulated X-linked genes (SI Table 3) with the list of demethylated genes (SI Table 2), we find 12 genes (12 of 44 or 27.3%) overlap, confirming that a subset of promoter-demethylated genes is up-regulated in hESCs. We suspect that this overlap could be even higher because a subset of demethylated genes could be expressed below detection sensitivity of the microarray. For example, we detected a significant

increase in *CXORF12* mRNA with real-time RT-PCR analysis (Fig. 4B), but not by microarray analysis.

Among the six genes we analyzed by real-time PCRs, three of them showed ≈ 2 -fold increase in expression in H9 hESCs, which is consistent with reactivation in HSF6 cells. However, the other three genes did not show any significant change expression level (Fig. 4B). This result implies that each individual female hESC may have a unique profile of gene reactivation for a subset of X-linked genes in *XIST*⁻ cells because of the inherent genetic and epigenetic differences.

We further directly compared mRNA levels between two lines of male hESCs (H1 and HSF1) and female hESCs (H9 and HSF6) with or without XCI markers. Real-time RT-PCR assays showed that levels of mRNAs of both *RBBP7* and *PLS3* are similar between male hESCs and female *XIST*⁺ hESCs. However, *XIST*⁻ female hESCs exhibited significantly higher levels of mRNAs than male hESCs, confirming the disruption of dosage compensation for these two X-linked genes in these cells (Fig. 4C).

Discussion

In our study, several classic X-inactivation markers are readily detected in human female hESCs. Under optimal culture conditions, XCI status can be stably maintained in female hESCs over 100 passages. However, we also observed XCI instability in subcultures of female hESCs, presumably because of suboptimal culture conditions. Importantly, a majority of X-linked genes are monoallelically expressed regardless of the presence or absence of XCI markers in all three established female hESC lines studied (H7, H9, and HSF6). This result suggests that established lines of female hESCs have already acquired XCI even at moderate passages (e.g., P25–P35). Furthermore, in female hESCs devoid of XCI markers, a subset of previously silenced X-linked genes (up to 10–15% of

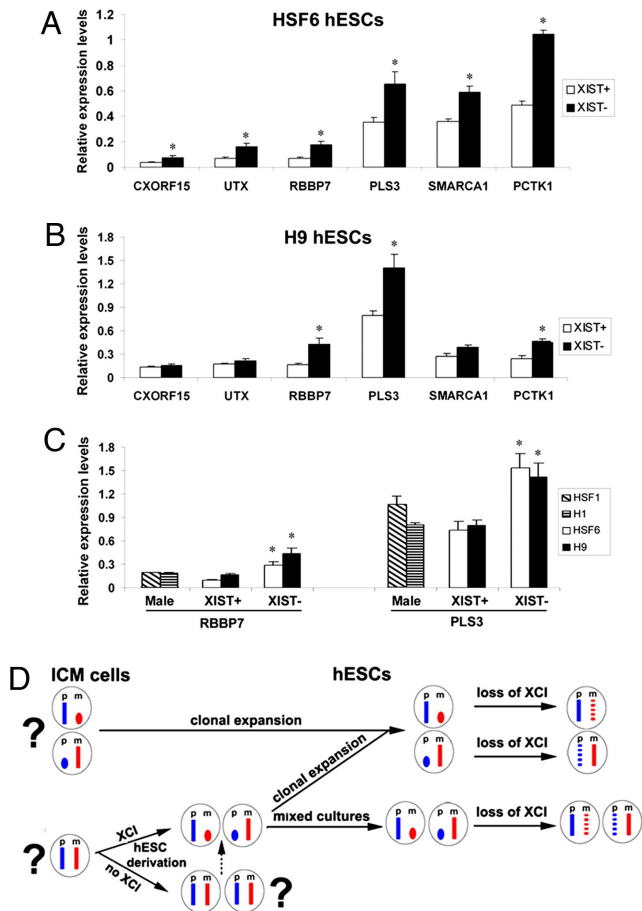


Fig. 4. Relative gene expression levels of a subset of X-linked genes using pairs of HSF6 and H9 cells with or without XCI markers. (A) Real-time RT-PCR demonstrates increased mRNAs in HSF6 cells without XCI markers. Six X-linked genes including *CXORF15*, *UTX*, *RBBP7*, *PLS3*, *SMARCA1*, and *PCTK1* were analyzed. (B) Real-time RT-PCR results of the same six genes for a pair of *XIST+* and *XIST-* H9 cells. *, $P < 0.01$. (C) Real-time RT-PCR results of the *RBBP7* and *PLS3* for male hESCs (H1 and HSF1) and *XIST+* and *XIST-* female hESCs (H9 and HSF6) cells. *, $P < 0.05$. (D) Models of dynamic regulation of XCI in female hESCs. Xa is shown in full-length X chromosome. Xi is depicted in an oval shape. Dotted X chromosome indicates partial reactivation. Paternal (p) and maternal (m) X are shown in blue and red.

inactivated genes) become reactivated (or poised to be reactivated), leading to biallelic expression patterns.

Our findings reconcile controversial data in the literature concerning the varying XCI status within established lines of female hESCs (2, 7–9). According to our model (Fig. 4D), established lines of female hESCs have completed XCI by moderate passage numbers (P20–P30). The inconsistent observations of *XIST* expression for identical lines of female hESCs are most likely due to loss of *XIST* expression in subcultures, perhaps caused by culture variations among individual laboratories. Additionally, subcultures may exist as a mixed population of cells with or without XCI markers, leading to graded levels of *XIST* expression observed in RT-PCR assays (2, 7).

It is still unclear why the loss of XCI markers occurs in subcultures of these established lines of female hESCs. One possibility is that selection pressure favors the survival and cell proliferation of female hESCs in the absence of XCI markers. This scenario is consistent with a cell adaptation event such as the loss of XCI marker or aneuploidy that takes place in hESCs over long-term cultures, perhaps under suboptimal or stressed culture conditions

(9, 26). Loss of XCI markers can occur in a relatively short time window within several cell passages from *XIST+* cultures (Y.S. and G.F., unpublished work). Our data suggest that loss of XCI markers is not simply a passive event in which *XIST-* cells gradually takes over *XIST+* cells from mixed cultures. In fact, when we compared cell proliferation rate between sister cultures of *XIST+* and *XIST-* hESCs in consecutive passages, we did not find differences between these two populations in percentage of cells undergoing mitosis (SI Fig. 7).

One unresolved question in our study is when and how female hESCs acquire uniform XCI in a “nonrandom” pattern during the process of derivation and expansion (Fig. 4D). Enver *et al.* (9) reported that H7 cells express *XIST* RNA in very early passages, but lose it because of adaptive culture conditions, arguing that XCI occurs quite early. This raises the possibility that the uniform XCI pattern in a line of established hESCs could be simply the outcome of clonal expansion of a single ancestor cell that has undertaken random XCI during the derivation/expansion process (Fig. 4D). However, it is also possible that female hESCs may achieve “imprinted” and nonrandom X-inactivation through a mechanism of paternal XCI as seen in mouse trophoblast (27) (Fig. 4D). Finally, it remains to be determined whether human female inner cell mass cells exhibit random XCI or maintain two active X chromosomes as is the case for mouse ICM cells or female embryonic stem cells (5) (Fig. 4D). Also, the possibility exists that the earliest passage of female hESCs may have two active X chromosomes and subsequently acquire XCI because of culture selection pressure (Fig. 4D).

The monoallelic expression pattern for a majority of X-linked genes ($\approx 75\%$) in *XIST-* hESCs is consistent with the notion that once XCI is completed, it is rather stable for most genes even without *XIST* expression (13). However, loss of *XIST* expression and other XCI markers does significantly destabilize the inactive state and cause gene reactivation (28). We found that gene reactivation profiles of different lines of female hESCs appear to be different (Fig. 4). Such a difference could be due to the random nature of gene reactivation in the absence of XCI markers or because of inherent genetic/epigenetic differences. Thus, the exact list of reactivated genes in each female line may have to be determined individually.

We demonstrate that DNA hypermethylation of the *XIST* promoter is one of the epigenetic factors that correlate with the silencing of *XIST* expression. In *XIST+* hESCs, the *XIST* promoter can be completely unmethylated in early passages. This differs from somatic cells in which human *Xist* or mouse *Xist* promoter is only methylated on the active X chromosome (22, 29, 30). The unmethylated status for both alleles of the *XIST* promoter implies that XCI in established hESCs may initially exist at an intermediate stage when *XIST* coating of Xi and dosage compensation for X-linked genes is completed, but before methylation of the *XIST* promoter on Xa. Nevertheless, allelic specific methylation of the *XIST* promoter is eventually achieved with subsequent passages, suggesting that the completion of a cascade of epigenetic modifications on Xa and Xi is a gradual process. Finally, when XCI markers disappear, we observe biallelic DNA hypermethylation of the *XIST* promoter, suggesting that it is prone to epigenetic alterations.

The potential impact of the altered expression of a portion of X-linked genes on survival and differentiation of hESCs remains to be examined. Gene ontology analysis of up-regulated X-linked genes in female hESCs without XCI markers reveals clusters of genes involved in developmental processes and gene regulation. For example, mRNA transcripts of *SMARCA1* and *UTX* are up-regulated in *XIST-* HSF6 cells. *SMARCA1* is shown to play a role in chromatin remodeling (31), which may impact the regulation of other genes. *UTX* encodes a histone H3K27 demethylase involved in autosomal *HOX* regulation during development (32). Indeed, our

gene expression profiling experiments show a significant change for many autosomal genes in *XIST*⁻ hESCs, such as *HOXA4* (Y.S. and G.F., unpublished work). In view of the relaxation of dosage compensation for a subset of functionally important X-linked genes in *XIST*⁻ hESCs, we propose that the status of XCI markers in female hESCs and their derivatives needs to be examined routinely. Furthermore, female hESCs displaying XCI markers would be the better choice for understanding basic mechanisms of development and for future applications in regenerative medicine.

Materials and Methods

Cultures of hESCs and Directed Neural Differentiation of hESCs *in Vitro*. hESC culture and neural differentiation procedures were described previously with bFGF (10 ng/ml) supplement (21). This research project was approved by University of California at Los Angeles (UCLA) Embryonic Stem Cell Research Oversight and Institutional Review Board committees.

HSF6 hESCs used in this article are batch 1 HSF6 from University of California at San Francisco (UCSF) except otherwise mentioned. For Fig. 1, I, J, and L, P46, and Fig. 2B, P44, we used the batch 2 HSF6 from UCSF. *XIST*⁺ H9 and *XIST*⁻ H7 hESCs were obtained from WiCell. All of the above hESCs were cultured in the Fan Laboratory at UCLA. The *XIST*⁻ H9 hESCs were obtained from WiCell and cultured in the Xu Laboratory at University of Connecticut.

Immunohistochemistry and RNA-FISH. Immunostaining procedures were described in ref. 21. Antibodies used were as follows: polyclonal H3K27me3 (1:1,000; a gift from Yi Zhang, University of North Carolina, Chapel Hill, NC), polyclonal H4K20me1 (1:1,000 from Upstate), polyclonal macroH2A1 (1:100; a gift from Kathrin Plath at UCLA), and monoclonal H3-phosphoserine10 (1:5,000; Upstate). Coverslips were then incubated with fluorochrome-conjugated secondary antibodies for 1 h at room temperature. *XIST* RNA-FISH was performed as described in ref. 33 by using three 50-mer DNA probes designed from consensus sequences of map positions 6183–6232, 6234–6283, and 6368–6417 (accession no. L04961), which are in repeat D of *XIST*.

Bisulfite Genomic Sequencing Analysis and COBRA Assay. Bisulfite sequencing and COBRA assay were performed as described in ref. 21. For COBRA assay,

PCR products of bisulfite-treated DNA (*XIST* promoter, 300 bp) were digested with HpyCH4IV, which if its target sites are methylated yields 50- and 250-bp bands.

Identification of SNPs Through Affymetrix SNP Genotyping Microarray and the Analysis of Allelic Expression Pattern of X-Linked Genes. Affymetrix GeneChip Human Mapping 500K Array Set was used to map SNP sites in H7, H9, and HSF6 cells. Hybridization was carried out in the UCLA Microarray Core. For genotyping confirmation and analysis of allelic expression of X-linked genes, either genomic DNA or cDNA converted from DNase I-treated RNA samples was used for PCR amplification and direct sequencing. H9 XO genomic DNA was generously provided by Nissim Benvenisty (Jerusalem).

Agilent Human Whole Genome Gene Expression Array. HSF6 hESCs P101 (*XIST*⁺ and *XIST*⁻) RNA were used for expression array. The detailed procedure was described in ref. 34. A list of significantly up-regulated genes (>1.5-fold) in *XIST*⁻ hESCs was generated by using Focus (<http://microarray.genetics.ucla.edu/focus/>). In addition, a *t* test was performed across three arrays, and differentially expressed genes were generated with *P* value of <0.01 and >1.5-fold difference. By combining these two lists, a list of genes that are significantly up-regulated in *XIST*⁻ hESCs is generated.

mDIP-ChIP and Data Analysis. mDIP-ChIP procedure was done as described in ref. 34, by using Agilent human whole genome CpG island arrays. *t* tests between two sets of samples (*XIST*⁺ or *XIST*⁻ hESCs) for each individual probe were performed. To evaluate whether the collection of *t* scores for a CpG island is significant, *Z* scores were computed by using the following formula: $Z \text{ score} = [\text{mean}(t \text{ score of CpG island probes}) - \text{mean}(t \text{ score for all probes})] \times \sqrt{\text{number of CpG island probes} / \text{standard deviation}(\text{all probes})}$. A positive *Z* score means a higher probability of higher methylation levels in *XIST*⁺ hESCs and vice versa.

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